

Samstag

08:00 Schiedsrichterbesprechung

08:15 Vereinsbetreuerbesprechung

Nr.	AK	M/W	Lauf	Runde	Uhrzeit	Dauer	TN GG	
Einlaufzeit					08:00			
31	Jugend	W	500m	Q (6)	08:30	00:15	22	16 Zeit
32	Jugend	M	500m	Q (3)	08:45	00:00	11	8 Zeit
33	Junioren	W	500m	Q (3)	08:45	00:10	13	8 Zeit
34	Junioren	M	500m	Q (4)	08:55	00:10	17	16 Zeit
35	Aktive	W	500m	Q (2)	09:05	00:00	9	8 Zeit
36	Aktive	M	500m	Q (4)	09:05	00:10	18	16 Zeit
37	Jugend	W	500m	VF (4)	09:15	00:10	16	1.+2.
38	Junioren	M	500m	Q (4)	09:25	00:10	16	8 Zeit
39	Aktive	M	500m	VF (4)	09:35	00:10	16	1.+2.
40	Jugend	W	500m	HF (2)	09:45	00:07	8	1.+2.
41	Jugend	M	500m	Q (2)	09:52	00:07	8	1.+2 Zeit
42	Junioren	W	500m	HF (2)	09:59	00:07	8	1.+2.
43	Junioren	M	500m	HF (2)	10:06	00:07	8	1.+2.
44	Aktive	W	500M	Q (2)	10:13	00:07	8	1.+2 Zeit
45	Aktive	M	500m	HF (2)	10:20	00:07	8	1.+2.
46	Jugend	W	500m	F	10:27	00:05	4	
47	Jugend	M	500m	F	10:32	00:05	4	
48	Junioren	W	500m	F	10:37	00:05	4	
49	Junioren	M	500m	F	10:42	00:05	4	
50	Aktive	W	500m	F	10:47	00:05	4	
51	Aktive	M	500m	F	10:52	00:05	4	
Siegerehrungen Samstag und 500m+D					11:15	00:30		
Einlaufzeit					11:45	00:15		
52	Schüler A	W	200m SV	Q	12:00	00:20	14	12 Zeit
53	Schüler A	M	200m SV	Q	12:20	00:10	11	11 Zeit
54	Kadetten	W	200m SV	Q	12:30	00:20	23	12 Zeit
55	Kadetten	M	200m SV	Q	12:50	00:20	16	12 Zeit
56	Jugend	W	200m SV	Q	13:10	00:20	21	12 Zeit
57	Jugend	M	200m SV	Q	13:30	00:15	11	11 Zeit
58	Schüler A	W	200m SV	F	13:45	00:10	12	
59	Schüler A	M	200m SV	F	13:55	00:10	11	
60	Kadetten	W	200m SV	F	14:05	00:10	12	
61	Kadetten	M	200m SV	F	14:15	00:10	12	
62	Jugend	W	200m SV	F	14:25	00:10	12	
63	Jugend	M	200m SV	F	14:35	00:10	12	
Siegerehrungen 200m					15:00	00:15		

	Eröffnung				15:15	00:30	
	Einlaufzeit				15:45	00:15	
64	Masters 60+70	M	3000m	F	16:00	00:10	5+3
65	Masters 50+	W	3000m P	F	16:10	00:10	3+1
66	Masters 50	M	3000m P	F	16:20	00:10	6
67	Masters 30+	W	3000m P	F	16:30	00:10	1+2
68	Masters 30+40	M	3000m P	F	16:40	00:10	4+6
69	Schüler A	W	3000m P	F	16:50	00:10	14
70	Schüler A	M	3000m P	F	17:00	00:10	11
71	Kadetten	W	3000m P	F	17:10	00:10	22
72	Kadetten	M	3000m P	F	17:20	00:10	16
73	Jugend	W	5000m P	F	17:30	00:15	21
74	Jugend	M	5000m P	F	17:45	00:15	11
	Siegerehrungen 3000m, 5000m				18:15	00:20	
	Einlaufzeit				18:35	00:10	
75	Junioren	W	10000m P	F	18:45	00:20	13
76	Junioren	M	10000m P	F	19:05	00:20	16
77	Aktive	W	10000m P	F	19:25	00:20	9
78	Aktive	M	10000m P	F	19:45	00:20	16
	Einlaufzeit Staffeln				20:05	00:15	
	Kadetten	W	3000m St.	VL opt.	20:20	00:10	
	Kadetten	M	3000m St.	VL opt.	20:30	00:10	
	Jugend	W	3000m St.	VL opt.	20:40	00:10	
	Jugend	M	3000m St.	VL opt.	20:50	00:10	
	Jun/Akt.	W	3000m St.	VL opt.	21:00	00:10	
	Jun/Akt.	M	3000m St.	VL opt.	21:10	00:10	